

Chinese cabbage Information



Stat Summary

Plant Spacing: 12" (304 mm)

Row Spacing: 12-16" (304-406 mm)

Planting Depth: 1/2" (12 mm)

Plants Per Person: 2

Soil Temperature: 75-85°F (24-29°C)

Days to Emergence: 10-14

Recommended Soil PH: 6.5-7.0

Seed Indoors: 6 weeks before transplanting

Earliest Outdoor Planting: Before Last Frost

✓ Can direct seed outdoors

✓ Can seed indoors

OUR VARIETY

Rubicon (F1)

Planting Information

Chinese cabbage is a cool weather plant that grows best as a fall crop; a good succession planting for peas or leaf lettuces. With care, Chinese cabbage can be grown in spring. This vegetable grows best in deep, well drained soil mixed with plenty of compost and a soil pH of 6.5 to 7.0. Sow seeds 1/2 inch deep outdoors about 12 inches apart. Chinese cabbage does not transplant well. To start indoors, sow seeds in individual pots 6 weeks before the frost-free date; thin to 1 seedling per pot and transplant into the garden 2 weeks before the last frost. Fall crops should be seeded about 3 months before the first expected frost. Firm, 11"-tall heads weigh 5 1/2-6 1/2 lb. Blemish-free, deep green leaves and broad white ribs with a creamy yellow, blanched interior. The flavor is sweet, tangy, juicy and delicious!

Growing Information

Chinese cabbage needs regular watering and fertilizing to promote rapid growth. One month after planting, spread small amounts of a complete fertilizer around the garden bed and water in immediately. When cabbages heads start to appear, give them an extra growing boost by applying a light dressing of urea. Mulch plants heavily to keep the soil evenly moist. If windy, it needs shelter.

Harvesting and Storing Information

Harvest cabbage in dry weather before the seed stalks appear; heads should feel solid. Cut the heads just above the soil. Use immediately after harvested. Freeze Chinese cabbage for up to 6 months; wash, shred finely and blanch for 1 1/2 minutes. Chill in iced water for 2 minutes, drain and place in plastic bags to freeze.

Insect and Disease Information

Diseases like bacterial rot can be discouraged with good mulching, drip irrigation instead of overhead watering.

Yield Information

No general yield information for Chinese cabbage. In Spring 2011, our CSA had two harvests of Napa Cabbage in seven weeks.