

Arugula Information



Stat Summary

Plant Spacing: 6"

Row Spacing: 6"

Planting Depth: 1/4"

Plants Per Person: 3

Soil Temperature: 40-55°

Days to Emergence: 5-7

Recommended Soil PH: 6.0-6.8

Earliest Outdoor Planting: Before Last Frost

✓Can direct seed outdoors

Planting Information

Arugula thrives in soil rich in humus with a pH of 6.0 to 6.8. Since Arugula is a cool weather plant, sow directly in the spring as soon as the soil can be worked. The seeds can either be broadcasted and covered with a thin layer of compost or planted in row 1/4 inch deep 1 inch apart.

When seedlings are 3 inches tall, thin to 6 inches. At the end of summer you can plant a fall crop about 30 days before the average first frost date.

Growing Information

Provide some shade for plants if the weather becomes warm.

Harvesting and Storing Information

To harvest Arugula, pick off the outside tender leaves at the base of the plant, leaving the center growing point intact for future harvesting. Arugula leaves are highly perishable and do not store well; refrigerate immediately after harvesting. The flowers are edible.

Insect and Disease Information

Flea beetles like new plants, cover with floating row covers to prevent. Because arugula is a cool weather crop, it is too chilly for most insects and disease.

Yield Information

Three harvests in ten weeks with succession planting.